# Why Choose Us

Why choose us?  Drop down line of: COPA methodology, testimonials and about CT Clinic

## Who we are

CTCLINIC.CO.UK was founded by Ammar Alsawaf in 2006. At the clinic they use the COPA method to treat pain. Extensive research taught Ammar that he could break pain down into an accumulation of lactic acid in sometimes very small muscles. The clinic uses unique techniques to treat the pain

We have dealt with complicated cases of pain for over than 12 years.

Our philosophy: we aim to treat any case, no matter how complicated, so you will be pain free. Then, using our Comprehensive Treatment care system, we coach you in how not to get this pain again by looking at the following:

We identify the cause of the pain.

We look at what activities would make the pain worse and advise you accordingly.

We look at what exercises will make the pain better.

We complete a full individual treatment plan.

We grantee you will notice an improvement after the first session.

We are now so comfortable at treating any pain, that we are not fazed by any challenge. We aim to put our patients at ease and relaxed.

Often, our patients tell us they didn’t think anyone could cure their excruciating pain after so many years.

## COPA methodology

Ammar Alsawaf recognised that the existing individual therapies were unable to successfully treat many injuries. He developed his innovative total care system which combined the techniques of the four main therapies: Chiropractic treatment, Osteopathy, Physiotherapy and Acupuncture (COPA). The resulting COPA method achieves results beyond those possible by the four individual treatments.

## **Back story**

When seventeen-year-old professional footballer, Ammar Alsawaf injured his back, he never imagined that was the end of his promising career. As he sought treatment for the debilitating pain, he slowly realised that nobody had the skills necessary to cure him. Eventually, he had to face the hard truth. His days of professional football were over. Although heartbroken, instead of feeling sorry for himself, he decided to learn how he could help other people in the same position, transferring his enthusiasm for football, into a passion for treating people. Learning one technique wouldn’t be good enough, so he learned several over the next eleven years. He enrolled in a physiotherapy course, then when he graduated, worked with a Korean Professor learning Chiropractic and Osteopathic techniques while treating 3,500 patients. His next stop was the UK, where he did a degree in acupuncture at Salford University.

All the while, he treated patients, improving his skills and learning which techniques worked on which injuries. He combined the methods he’d learnt to achieve results other practitioners could not. His reputation grew and ‘untreatable’ patients sought him out. Ammar welcomed them, relishing helping people who’d been unable to get relief from pain.

From this experience he evolved a system he calls Comprehensive Treatment (CT). When you attend CT Clinic, we examine every aspect which could be contributing to your pain. Injuries, posture, gait, as well as lifestyle, activities, inactivity and diet. You will then receive an individually tailored full treatment plan.

## Testimonial

My marketing manager will send me this but it should be in good format